

Emotional Mindfulness in the Embodied Self

A seven-day intensive training in Rosen Method Bodywork

March 24-31, 2012 Healing Waters Health Center, Hudson, WI

Experience the healing power of emotional mindfulness centered in the body. Through human connection, explore who you are most deeply. Discover how your emotional life is manifest in your body.

If you are a health professional, psychotherapist, or current bodyworker, this training will profoundly influence your work. It is also intended for anyone who wants more physical and emotional aliveness. If you wish to become more skillful with your emotions or the emotions of others, this training is for you. And it is a powerful self-care retreat for any helping professional. **CEUs are available.**

“I think this is the best personal development training I’ve ever had.” —Madison-area therapist



ROSEN METHOD BODYWORK INTENSIVE REGISTRATION FORM

NAME _____

MAILING ADDRESS _____

PHONE(S) _____ EMAIL _____

HOW YOU HEARD ABOUT US _____

\$950 full payment enclosed; or \$900 early-bird fee if received before Feb. 20.
Yes, I can bring a massage table and stool.

Please send registration form and payment made out to LOUISA CASTNER, c/o CFPA, 3754 Pleasant Ave., S., #201, Minneapolis, MN 55409.

Call (612) 201-7887 or email castner@mac.com to ask questions or discuss prerequisites.

