

INTRODUCTION TO ROSEN METHOD BODYWORK REGISTRATION FORM

NAME _____

ADDRESS _____

PHONE _____ Email _____

\$160—Full Payment Enclosed (Early-bird fee is \$140 before Oct. 5)

Please send registration form and payment to (made out to Dorothea Hrossowyc) to Zach Howe, 1085 1/2 Grand Ave, St. Paul, MN 55105. Call 612-817-2185 or 612-817-5777 for question. Visit www.RosenMethodMN.org.



Rosen Method Workshop
c/o Zach Howe
1085 1/2 Grand Ave
St. Paul, MN 55105

Address correction requested

“This work is about *transformation*
from the person you think you are
to the one you truly are.”

-Marion Rosen

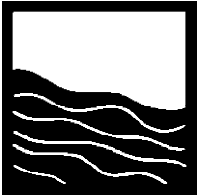
ACCESSING THE UNCONSCIOUS THROUGH TOUCH

An Introduction to Rosen Method Bodywork

The explosion of research in neuroscience confirms the importance of touch and contact for human development and well-being—for regulating our emotions and our physiology.

Rosen Method Bodywork uses receptive touch and verbal dialogue to assist people in opening to long-forgotten experiences and emotions, and to release unconscious limiting beliefs.

The workshop will be of special interest to current bodyworkers, health and helping professionals, and psychotherapists. It is also intended to benefit those from all walks of life who want greater physical and emotional aliveness, and a sense of ease in being who you are. **One Introductory workshop or two to three sessions and recommendation of a practitioner are a prerequisite** for the Rosen Method eight-day training intensive that will be held in Minneapolis, November 14 - 21, 2008. Come and learn about this wonderful, deep, respectful body/mind work!



Taught by Dorothea Hrossowyc, MA, a Rosen Method Bodywork Practitioner in private practice in bodywork and empowerment counseling in Minnesota. She is a graduate of Hakomi Body Psychotherapy and Sensorimotor Psychotherapy for Trauma, Development and Attachment Issues. She has led many workshops in mind/body medicine, releasing unconscious limitations, women's issues, listening skills, healing from physical and sexual hurts, parenting, and educational change. All forms of human liberation are her lifelong passions.

Minneapolis, October 24, 25

Twin Cities Friends Meeting House. 1725 Grand Ave. St.Paul, MN

Friday night, 7–9:30, Lecture/Demonstration, open to the public (\$25 if attended separately)

Workshop: Friday, plus Saturday 9:30 AM – 5:00 PM

Fee: \$140 if registered by Oct 5, (\$160 after Oct 5)

For questions or more information call 612.201.7887 or 612.817.5777

SPONSORED BY THESE ROSEN METHOD PRACTITIONERS IN MINNESOTA

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